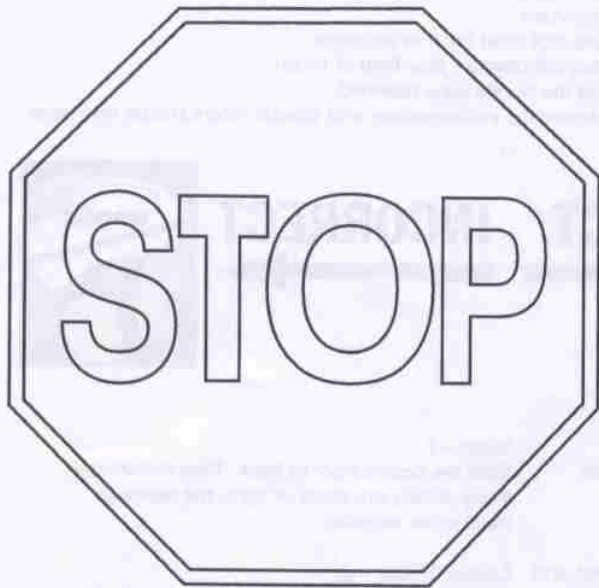
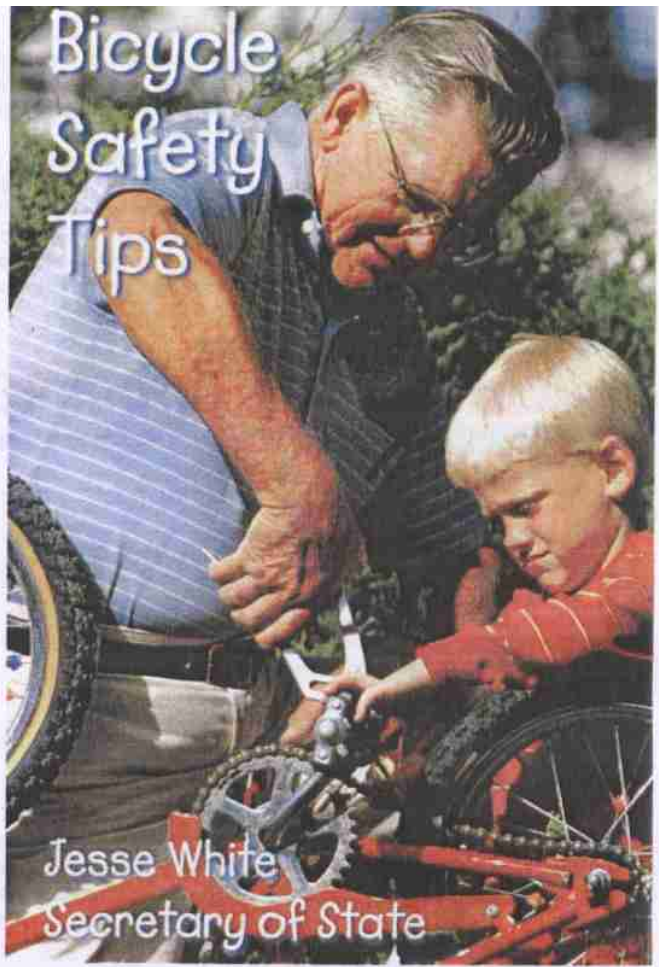


# Color the Stop Sign



- Answers to road signs inside the brochure:
1. Stop sign
  2. Do not enter
  3. Pedestrian crossing
  4. School crossing
  5. Railroad crossing
  6. Bicycle crossing ahead
  7. No bicycles
  8. Traffic signals ahead
  9. One way

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# Bicycle Safety Tips

Jesse White  
Secretary of State

Bike riding is a fun way to enjoy the outdoors and get your exercise. When riding your bike, it is very important to obey all the street signs and traffic lights and to wear a helmet to protect yourself in case of an accident.

Be aware of other motorists on the road and do not "play" in the street. Young bicyclists are encouraged to ride on the sidewalk whenever possible.

This brochure provides young bicyclists tips for staying safe while riding and checkpoints to ensure that your bicycle is safe to ride. Please read this brochure carefully and follow the guidelines in it to ensure a fun and safe ride.

Sincerely,

*Jesse White*  
Jesse White  
Secretary of State



# BICYCLE SAFETY TIPS

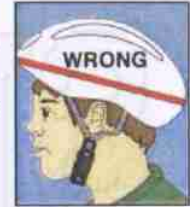
- Always wear a bicycle helmet.
- Find a safe place to ride — younger children should ride on the sidewalk.
- When riding your bike in the street, you must follow the rules of the road.
- Stay on the right side when riding your bike in the street.
- Obey street signs and traffic lights.
- Stay off busy streets.
- When crossing the street look left, then right, then left again.
- Watch for cars near driveways or alleys.
- Never carry riders on your bike.
- Never ride between cars.
- Pedestrians have the right-of-way.
- If you are riding in the street at night, your bike must have a headlight.
- Stay alert for unexpected obstacles.

## Bicycle Helmets

- A bicycle helmet can reduce the risk of head injury by up to 85 percent in the event of a crash.
- Damage to the brain from an external blow can affect your ability to walk, talk and think.
- Replace any helmet that has been involved in a crash. There may be damage to the foam, although it may not be visible.
- Check inside the helmet for a CPSC sticker. This sticker tells you your helmet meets the U.S. Consumer Product Safety Commission standard.
- Your helmet should be level on your head, not tilted back at an angle.
- Make sure the helmet fits snugly and does not obstruct your field of vision.
- Make sure the chin strap fits securely and the buckle stays fastened.
- Helmets are not just for bicyclists. Skateboarders, in-line skaters and scooter riders should also wear helmets.



**CORRECT**      **INCORRECT**



## A Safe Bike = A Safe Ride

### Seat Height – a

Make sure the seat is properly adjusted and tightened.

### Handlebars – b

Make sure handlebars are properly adjusted and tightened.

### Hand Brakes – c

While pushing the bike forward with one hand, use your other hand to squeeze the brake lever. You should be able to stop the bike without squeezing the lever all the way to the handlebar.

### Headlight – d

If you ride in the dark, the law requires your bike to have a front light visible from a distance of 500 feet.

### Tires – e

Make sure the tires are inflated to the pressure shown on the tire's sidewall.

### Pedals – f

Rock the pedals front to back. They should spin freely. If they are loose or tight, the bearings need to be adjusted.

### Coaster Brakes – g

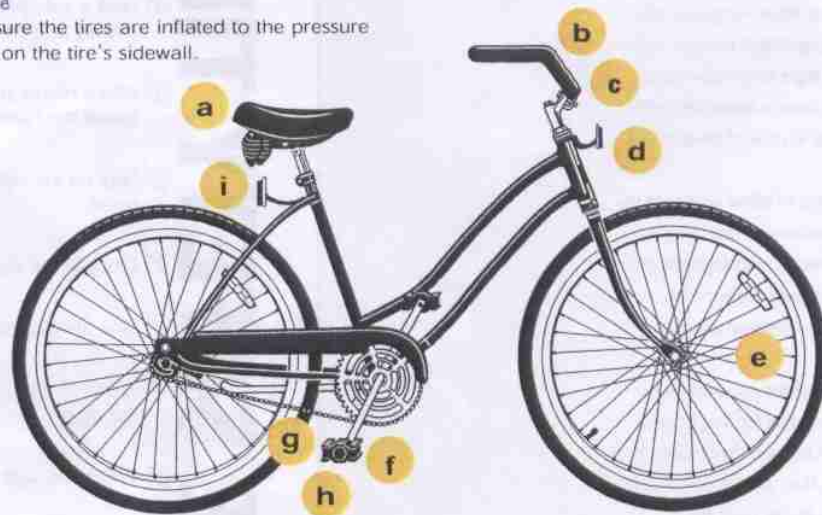
If you have to pedal backward to apply the rear brake, the bike has coaster brakes. Check them by pushing the bike forward with one hand and using your other hand to pedal backward. This should stop the bike.

### Chain – h

Keep the chain snug, clean and lubricated.

### Rear Reflector – i

If you ride in the dark, the law requires your bike to have a rear red reflector visible from a distance of 600 feet.



Can you name the road signs at the left of the page?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

(Answers on back)

